

CANADIAN INSTITUTE OF TECHNOLOGY

Report on Student Mobility Experiences

AY 2025 - 2026

INTRODUCTION

This report provides an overview of the results of a recent survey carried out to evaluate students' experiences and the impact of the Erasmus+ mobility program at CIT. The survey was designed to examine student satisfaction, identify the benefits achieved, explore the challenges encountered, and collect suggestions for enhancing future participation in the program.

Erasmus+ is a well-established mobility program that offers students the opportunity to study in another country, strengthen their academic and professional competences, and experience different cultures and educational systems. By reviewing the feedback provided by students who have taken part in Erasmus+ mobility, this report aims to identify both the positive aspects of the program and areas where further improvements may be made, helping to ensure that future participants gain the greatest possible value from their mobility experience.

METHODOLOGY

The data presented in this report is based on a structured questionnaire distributed to students who successfully completed Erasmus+ mobility activities at partner institutions.

The survey gathered valuable feedback from students who participated in the Erasmus+ mobility program regarding their experiences abroad. All respondents had completed a full semester of mobility, ensuring a consistent basis for evaluating their exposure to host institutions, academic systems, and international learning environments.

The questionnaire was designed to capture both quantitative and qualitative dimensions of the mobility experience, focusing on the following key areas:

- Study Program at Host University
- Duration of Stay
- Satisfaction with academic courses
- Alignment of curriculum expectations

- Helpfulness of academic staff and professors
- Adaptation to local culture
- Participation in social and extracurricular activities
- Quality of support services
- Language learning experience
- Personal growth and development
- Skills acquired during mobility
- Challenges encountered
- Overall satisfaction
- Recommendation for future students

SUMMARY OF FEEDBACK

1. ACADEMIC EXPERIENCE

The findings of the survey indicate a generally positive academic experience among participating students during their Erasmus+ mobility periods.

In terms of satisfaction with courses offered at host universities, the responses demonstrate a high level of approval:

- **22.2%** of students reported being *Very Satisfied*;
- **66.7%** reported being *Satisfied*;
- **11.1%** remained *Neutral*.

These results suggest that the majority of students perceived the academic offerings as appropriate, relevant, and well-structured, contributing positively to their learning experience abroad.

Regarding the alignment of curriculum expectations, the majority of respondents indicated that their academic expectations were met:

- **77.8%** confirmed that the curriculum met their expectations;

This indicates a strong overall alignment between student expectations and the academic reality experienced at host institutions, although a small proportion of students identified partial gaps that may require further attention in future mobility planning.

Academic support received from professors and staff was evaluated very positively:

- **55.6%** rated support as *Very Helpful*;
- **44.4%** rated it as *Helpful*.

These findings highlight the presence of supportive academic environments, where students were able to engage effectively with teaching staff and benefit from academic guidance throughout their mobility period.

2. SOCIAL AND CULTURAL EXPERIENCE

The social and cultural integration of students during their mobility periods was generally successful and positively perceived.

Regarding adaptation to local culture, responses indicate that students adapted relatively easily:

- **33.3%** selected *Very Easy*;
- **44.4%** selected *Easy*;
- **22.2%** selected *Neutral*.

These results suggest that most students were able to adjust smoothly to new cultural environments, which is a key component of successful international mobility.

Participation in social events and extracurricular activities was notably high:

- **88.9%** of students participated;
- **11.1%** did not participate.

This demonstrates strong engagement with the social dimension of mobility, which contributes significantly to intercultural learning and student satisfaction.

Furthermore, students reported generally positive experiences in forming new friendships during their stay abroad:

- **22.2%** rated the experience as *Very Good*;
- **55.6%** as *Good*;
- **22.2%** as *Neutral*.

These findings underline the importance of mobility programs in fostering intercultural relationships and expanding students’ social networks.

3. SUPPORT SERVICES AND PERSONAL DEVELOPMENT

Students expressed overall satisfaction with the support services provided during their mobility experience.

- **33.3%** reported being *Very Satisfied*;
- **55.6%** reported being *Satisfied*;
- **11.1%** remained *Neutral*.

This reflects positively on the effectiveness of institutional and host university support mechanisms in assisting students throughout their mobility period.

Language learning experiences were also evaluated positively:

- **33.3%** reported a *Very Positive* experience;
- **44.4%** reported a *Positive* experience;
- **22.2%** remained *Neutral*.

These results indicate that mobility contributed to improving students’ language competencies, which is an important outcome of international exchange programs.

In terms of personal growth, students highlighted significant developmental benefits:

- **22.2%** indicated *A Lot* of personal growth;
- **77.8%** indicated *Somewhat*.

Overall, this demonstrates that Erasmus+ mobility experiences contribute meaningfully to students’ personal development, confidence, and independence.

4. SKILLS DEVELOPMENT AND CHALLENGES

Students identified several key skills developed during their mobility experience, reflecting both academic and practical learning outcomes:

- Communication skills (**33.3%**)
- Time management (**33.3%**)
- Problem-solving skills (**22.2%**)
- Adaptability (**11.1%**)

These findings highlight the multidimensional benefits of mobility programs in equipping students with transferable skills relevant to both academic and professional contexts.

However, students also reported certain challenges encountered during their mobility period:

- Financial difficulties (**44.4%**)
- Language barriers (**22.2%**)
- Social integration challenges (**22.2%**)
- Academic challenges (**11.1%**)

While these challenges are typical in international mobility contexts, they provide important insights for improving future support mechanisms, particularly in relation to financial planning and language preparation.

5. EXPERIENCE

Satisfaction with the Erasmus+ mobility program was extremely high among students.

- **55.6%** rated the experience as *Excellent*;
- **44.4%** rated it as *Good*.

Most importantly, 100% of respondents stated that they would recommend the program to future CIT students.



RECOMMENDATIONS

- To encourage students to bring their experience to CIT and share it with other students.
- Strengthen coordination between CIT and host institutions during mobility.
- Continue promoting Erasmus+ based on positive student experiences.

The Quality Assurance Unit, in collaboration with the International Relations Office of CIT, will continue to monitor student mobility experiences closely. The CIT remains committed to strengthening support systems, improving mobility processes, and further enhancing the quality and impact of internationalization initiatives.

Quality Assurance Unit & IRO

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